**NABC Regulations**

**2025-2026**

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# Definitions / Abbreviations

BIHQ: Basketball Ireland Headquarters

SENIOR: a player over the age of 16 years of age on or after the 1st January of the current season.

NABC: The National Area Boards Committee

NICC: National Intermediate Cup Competition

NC: National Cup

NBRA - National Basketball Referees Association

# NICC - Basketball Ireland National Intermediate Cup

## STATUS

* + 1. The competition is a Basketball Ireland Competition and shall be named the National Intermediate Cup Competition for Men & Women herein after referred to as the NICC.
    2. The NICC are run under the auspices of the National Area Boards Committee (NABC).
    3. Dates for the competition shall be entered on the Basketball Ireland Competitions Calendar and will not be altered except in exceptional circumstances.

## ELIGIBILITY

* + 1. All Senior players registered with Basketball Ireland and their Area Boards prior to the commencement of the NICC and who have played at least two games for their clubs the current season are eligible except those covered under rule 1.2.2 below.
    2. Any player who has played in the Superleague or National League Division 1 in the current season is ineligible.
    3. Players that played U18/U20 National Cup will be eligible provided they have not played in the Superleague or National League Division 1 in the current season.
    4. Team lists must be submitted to Basketball Ireland prior to the commencement of the competition.
    5. Players playing under a link agreement with a Club in the current season are not permitted to play with the linked club.
    6. Only club teams will be accepted as entries, no representative teams.
    7. Only one team per club allowed enter each competition.
    8. The closing date for the entry of club teams shall be decided by the NABC and notified to clubs on the Basketball Ireland (BI) website. There shall be no extension to the closing date and no late entries shall be accepted into the competition.
    9. The entry application for the competition shall be posted on Basketball Ireland’s website and emailed to clubs.
    10. The entry fee and bond for the competition shall be set by the NABC annually.
    11. The competition entry application must be completed in full and the entry fee and bond submitted with the application by the closing date for receipt completed applications before any club/team shall be permitted entry into the competition.
    12. Teams withdrawing from the competition prior to the draw being made will be subject to the loss of their entry fee. Subsequent entry into this competition will be at the discretion of the NABC.

## DRAW & FORMAT

* + 1. The draw for the NICC will be made at a meeting of the NABC as soon as possible after the closing date for entry into the competition.
    2. The format for the NICC is on a Home/Away basis. (First named team drawn shall have home advantage).
    3. When a club withdraws a team after the draw has been made or after the issue of fixtures for the competition, the club shall be subject to the loss of their entry fee and bond and may be subject to additional fines placed on the club at the discretion of the NABC.
    4. Should a club withdraw their team after the commencement of the competition they shall forfeit their entry fee and bond, and shall be subject to a fine imposed on the club by the NABC with their subsequent entry into the competition being at the discretion of the NABC.

## GAMES

* + 1. The NICC games are to be organised so that they are played on/by the designated date. The home team must offer Two (2) alternate dates to their opponent. If both teams agree to play a game between Monday to Friday, the tip off time of the game should be scheduled between 7pm and 8.30pm. Saturday games tip off times may be scheduled between 1pm and 7.30pm, Sunday games tip off times may be scheduled between 1pm and 3.30pm. Bank Holidays should be treated as Sundays for fixture purposes
    2. Teams must be in the gym at least 30 minutes prior to the game time and the court must be available to the away team for warm-up.
    3. All games will be 10 minutes per quarter with extra time periods of five (5) minutes.
    4. Only the player’s names that have been submitted under Rule 1.2.4 above prior to the commencement of the competition shall be entitled to participate in any game.
    5. All teams shall be entitled to play 12 players in every cup game.
    6. All teams must be properly attired with matching uniforms and be properly numbered.
    7. Any club found to have played an ineligible player will be removed from the competition and shall forfeit their entry fee and bond, and further sanction may be imposed on the club by the NABC.
    8. A team that gives a walkover in the competition shall be eliminated from the competition and shall take no further part in the competition. The club shall forfeit their entry fee and bond, and further sanction may be imposed on the club by the NABC.
    9. The NABC will endeavour to pre-organise the team colours but in the event of a conflict of colour, the designated home team must be prepared to change and have a second set of gear.

## SEMI FINALS:

* + 1. The National Cup Semi-Final games will play on the designated January Semi-Final’s weekend at a venue to be confirmed.
    2. All Semi Final games will be 10 minutes per quarter with extra time periods of five (5) minutes.

## FINAL:

* + 1. The final of the NICC will be played at the National Basketball Arena on the designated Cup Final’s Weekend.
    2. All Final games will be 10 minutes per quarter with extra time periods of five (5) minutes.

## REFEREES

* + 1. The NBRA will appoint Referees to all NICC games. Home teams will pay officials in all rounds up to and including Quarter Finals.
    2. Table officials are the responsibility of the home team.
    3. The NBRA will appoint officials for the semi-finals and Finals. BIHQ will pay officials for these games.

## PROTEST AND APPEALS

* + 1. The captain shall, immediately at the end of the game, inform the referee if its team is protesting the result of the game and sign the score sheet in the space provided.
    2. Protests against the result of a game must be sent by email to [NABC@ireland.basketball](mailto:NABC@ireland.basketball) within 72 hours on the date of the game. A fee of €100 must be lodged to the relevant BI account. This fee shall be returned in the case of a successful protest. A copy of the protest must be sent to the opposing team in the same time frame.
    3. The NABC shall put a hearing committee in place to hear any protest lodged with the BI Competitions Officer.
    4. Appeals against the decision of the hearing committee to the National Appeals Committee must be submitted to the Appeals Secretary of BI by email within 48hrs of receipt of the finding. A fee of €300.00 must be sent at the same time to BIHQ. This fee will be returned to the appellant in the case where the appeal is successful.
    5. Basketball Ireland and the NABC shall deal with all protests and appeals within a timescale that will allow for a decision to be made before the team in question will have to play its next game.

## DISCIPLINARY PROCEDURES

* + 1. When a player or a member of coaching staff is disqualified from a game he/she will automatically receive 10 penalty points for their first offence, a further 10 points will be received for a second disqualification. Where a player or member of the coaching staff receives a total 20 points in the competition they will be disqualified and shall take no further part in the competition.
    2. Where a player, Coach, Club Official as a result of a complaint lodged with the competition technical committee is found to have done anything which is likely to intimidate, offend, insult or humiliate any person on the grounds of his or her race, gender, sex, ethnic or social origin , religion or political persuasion, or having been aggressive, unsporting, or having struck a player or match official, he/she shall be suspended from having any further participation in the competition by the technical committee and further action/sanction may be taken by the NABC.
    3. Full report of all suspensions and disqualifications in the competitions must be lodged with the secretary of the NABC by the chairman of the technical committee within seven days of the completion of the Tournament.

## GENERAL

* + 1. The NABC reserves the right to make amendments to the above rules and to the fixtures/competitions up to 1 week prior to the event.

# U-18 NATIONAL CUP COMPETITION REGULATIONS

## STATUS:

* + 1. The competition is a Basketball Ireland Competition and shall be named the Under 18 National Cup Competition for Men & Women herein after referred to as the U18 Cup.
    2. The U18 Cup are run under the auspices of the National Area Boards Committee (NABC).
    3. Dates for the competition shall be entered on the Basketball Ireland Competitions Calendar and will not be altered except in exceptional circumstances.

## ELIGIBILITY:

* + 1. Clubs registered with Basketball Ireland and registered with their Area Board in the current season of the competition.
    2. All players must be registered with Basketball Ireland and their Area Board.
    3. All players must be actively participating in their home Area Board’s U18 leagues in the current season if their home Area Board provides an U18 league. If the Home Area Board does not have an U18 league then clubs are eligible to enter.
    4. Team lists must be submitted to Basketball Ireland prior to the commencement of the competition.
    5. Players playing under a link agreement with a Club in the current season are not permitted to play with the linked club.
    6. As per FIBA age limits, a player in the U18 Cup must be under the age of 18 on or after the 1st January of the current season.
    7. The burden of proof as regards a player’s age will be on the club and player if queried, and the player may be asked to produce their birth certificate/passport to the NABC if required to confirm compliance.
    8. Players leaving the jurisdiction of Basketball Ireland to play basketball with a school, college, university, academy or club may not return to play in the U18 National Cup Competition in the current season without prior consent from the NABC.
    9. The closing date for the entry of club teams shall be decided by the NABC and notified to clubs on the Basketball Ireland (BI) website. There shall be no extension to the closing date and no late entries shall be accepted into the competition.
    10. The entry fee and bond for the competition shall be set by the NABC annually.
    11. The entry application for the competition shall be posted on Basketball Ireland’s website and emailed to clubs.
    12. The entry fee and bond due for the competition will be included on the Entry Application Form.
    13. The competition entry application must be completed in full and the entry fee and bond submitted with the application by the closing date for receipt completed applications before any club/team shall be permitted entry into the competition.
    14. Teams withdrawing from the competition prior to the draw being made will be subject to the loss of their entry fee. Subsequent entry into this competition will be at the discretion of the NABC.

## DRAW & FORMAT

* + 1. The draw for the Under 18 National Cup will be made at a meeting of the NABC as soon as possible after the closing date for entry into the competition.
    2. Pools that involve five or less teams will be decided on a round robin basis, with the 1st and 2nd placed teams going forward to the quarterfinals.
    3. Where there are two pools at a venue the top two teams from each pool will play a crossover game to determine the two qualifiers for the quarterfinals.
    4. The winners of these two cross-over games will play one game to decide the 1st and 2nd placed teams of the tournament.
    5. In the event of two or more teams finishing on level point totals the procedures set out in the FIBA classification of teams will be employed to determine the final rankings. (See FIBA Annex A to these rules).
    6. When a club withdraws a team after the draw has been made or after the issue of fixtures for the competition, the club shall be subject to the loss of their entry fee and bond and may be subject to additional fines placed on the club at the discretion of the NABC.
    7. Should a club withdraw their team after the commencement of the competition they shall forfeit their entry fee and bond and shall be subject to a fine imposed on the club by the NABC with their subsequent entry into the competition being at the discretion of the NABC.

## GAMES

* + 1. Teams must be in the gym at least 30 minutes prior to the game time and the court must be available to the away team for warm-up.
    2. All games in the Qualifying Tournament will be 8 minutes per quarter with extra time periods of three (3) minutes.
    3. Only the player’s names that have been submitted under Rule 2.2.4 above prior to the commencement of the competition shall be entitled to participate in any game.
    4. All teams shall be entitled to play 12 players in every cup game.
    5. All teams must be properly attired with matching uniforms and be properly numbered.
    6. Any club found to have played an ineligible player will be removed from the competition and shall forfeit their entry fee and bond, and further sanction may be imposed on the club by the NABC.
    7. A team that gives a walkover in the competition shall be eliminated from the competition and shall take no further part in the competition. The club shall forfeit their entry fee and bond, and further sanction may be imposed on the club by the NABC.
    8. Competition games may be brought forward, at the discretion of the Host Committee, providing either of the teams that played in the last pool game have had adequate recovery time and provided both teams and the match officials agree.
    9. The NABC will endeavour to pre-organise the team colours but in the event of a conflict of colour, the designated home team must be prepared to change and have a second set of gear.

## QUARTER FINALS

* + 1. National Under 18 Cup Quarter Final Games must be played before the cup deadline outlined by the NABC.
    2. For the National Cup Quarter Finals, the following games shall be drawn by the NABC as follows:

Game 1. 1st in Pool 1 Venue 1 (H) vs. 2nd Pool 3 in Venue 3

Game 2. 1st in Pool 2 Venue 2 (H) vs. 2nd Pool 2 in Venue 4

Game 3. 1st in Pool 3 Venue 3 (H) vs. 2nd Pool 1 in Venue 1

Game 4. 1st in Pool 4 Venue 4 (H) vs. 2nd Pool 4 in Venue 2

* + 1. The U18 Cup Quarter Finals games are to be organised so that they are played on/by the designated date. The home team must offer Two (2) alternate dates to their opponent. If both teams agree to play a game between Monday to Friday, the tip off time of the game should be scheduled between 7pm and 8.30pm. Saturday games tip off times may be scheduled between 1pm and 7.30pm, Sunday games tip off times may be scheduled between 1pm and 3.30pm. Bank Holidays should be treated as Sundays for fixture purposes.
    2. Games must be played anytime from notification of the game but prior to the given play-by date.
    3. All Quarter Final games will be 10 minutes per quarter with extra time periods of five (5) minutes.

## SEMI FINALS

* + 1. The National Cup Semi-Final games will be played on the designated January Semi-Final’s weekend at a venue to be confirmed as follows:

A. Winner Game 1(H) vs. Winner Game 2, Venue TBC

B. Winner Game 3(H) vs. Winner Game 4, Venue TBC

* + 1. All Semi Final games will be 10 minutes per quarter with extra time periods of five (5) minutes.

## FINAL

* + 1. The final of the U18 Cup will be played at the National Basketball Arena on the designated Cup Final’s Weekend.
    2. All Final games will be 10 minutes per quarter with extra time periods of five (5) minutes.

## HOSTING/VENUES

* + 1. The NABC shall seek host clubs to run the pools section of the competition.
    2. Clubs that have entered the competition may be asked to apply to host a section of the competition.
    3. The Organising Committee/Host club is responsible for ensuring that the venue meets Basketball Ireland standards and may be inspected by a nominee of the NABC prior to the event.
    4. Adequate insurance cover as specified in Basketball Ireland Regulations must be in place for the Tournament Events and a copy of the Insurance Certificate of the Hosting Club must be lodged with the BI office. For all other games in the competition, adequate insurance cover as specified in Basketball Ireland regulations must be in place by competing clubs.

## TECHNICAL COMMITTEE

* + 1. The host club shall be responsible for the appointment of a Technical Committee for the duration of the tournament which shall comprise of the following:

a). Member/two members of the hosting club

b). A selected representative of the participating teams, not including the host team.

c). A neutral nominee (e.g. the lead referee), who will chair the Technical Committee and act as Tournament commissioners, in the absence of the commissioner.

* + 1. The names of the Technical Committee must be available to all participating clubs. It is recommended the list be left at the scorer’s table.
    2. The Technical Committee will deal with all protests within a timescale that will allow for a decision to be made before the team in question will have to play its next game.

## REFEREES

* + 1. The NBRA will appoint Referees to all Cup games in conjunction with the NABC.
    2. Referee’s fees for the Qualifying Tournament will be paid centrally by Basketball Ireland and the Venue Officer of the Hosting Club will be responsible for collecting the Referee Claim forms, prior to each game and for ensuring that they are received by BIHQ within 5 working days of the end of the tournament pool games.
    3. Referee’s fees for Quarter Final games will be paid by the host club.

## PROTEST AND APPEALS

* + 1. **Protest and Appeal Procedure for Qualifying Tournament:**
       1. The captain shall, immediately at the end of the game, inform the referee if its team is protesting the result of the game and sign the score sheet in the space provided.
       2. Protests must be submitted in writing within one (1) hour following completion of the game. The fee of €100 must accompany the written protest, which must be handed in person to a member of the Technical Committee.
       3. The Technical Committee will deal with all protests within a timescale that will allow for a decision to be made before the team in question will have to play its next game.
       4. The decision of the Technical Committee on the protest will be final and there will be no course for further appeal. The technical committee are there to ensure the smooth running of events throughout the tournament.
    2. **Protest and Appeal Procedure for Quarter Finals, Semi Finals and Final:**
       1. The captain shall, immediately at the end of the game, inform the referee if its team is protesting the result of the game and sign the score sheet in the space provided.
       2. Protests against the result of a game must be sent by email to [NABC@ireland.basketball](mailto:NABC@ireland.basketball) within 72 hours on the date of the game. A fee of €100 must be lodged to the relevant BI account. This fee shall be returned in the case of a successful protest. A copy of the protest must be sent to the opposing team in the same time frame.
       3. The NABC shall put a hearing committee in place to hear any protest lodged with the BI Competitions Officer.
       4. Appeals against the decision of the hearing committee to the National Appeals Committee must be submitted to the Appeals Secretary of BI by email within 48hrs of receipt of the finding. A fee of €300.00 must be sent at the same time to BIHQ. This fee will be returned to the appellant in the case where the appeal is successful.
       5. Basketball Ireland and the NABC shall deal with all protests and appeals within a timescale that will allow for a decision to be made before the team in question will have to play its next game.

## DISCIPLINARY PROCEDURES

* + 1. When a player or a member of coaching staff is disqualified from a game, he/she will automatically receive 10 penalty points for their first offence, a further 10 points will be received for a second disqualification. Where a player or member of the coaching staff receives a total 20 points in the competition they will be disqualified and shall take no further part in the competition.
    2. Where a player, Coach, Club Official as a result of a complaint lodged with the competition technical committee is found to have done anything which is likely to intimidate, offend, insult or humiliate any person on the grounds of his or her race, gender, sex, ethnic or social origin , religion or political persuasion, or having been aggressive, unsporting, or having struck a player or match official, he/she shall be suspended from having any further participation in the competition by the technical committee and further action/sanction may be taken by the NABC.
    3. Full report of all suspensions and disqualifications in the competitions must be lodged with the secretary of the NABC by the chairman of the technical committee within seven days of the completion of the Tournament.

## GENERAL

* + 1. The NABC reserves the right to make amendments to the above rules and to the fixtures/competitions up to 1 week prior to the event.

# U-20 NATIONAL CUP COMPETITION REGULATIONS

## STATUS

* + 1. The competition is a Basketball Ireland Competition and shall be named the Under 20 National Cup for Men & Women herein after referred to as the U20 Cup.
    2. The U20 Cup is run under the auspices of the National Area Boards Committee (NABC).
    3. Dates for the competition shall be entered on the Basketball Ireland Competitions Calendar and will not be altered except in exceptional circumstances.

## ELIGIBILITY

* + 1. Clubs registered with Basketball Ireland and registered with their Area Board in the current season of the competition.
    2. All players must be registered with Basketball Ireland and their Area Board.
    3. All players must be actively participating in their home Area Board’s U20 leagues in the current season if their home Area Board provides an U20 league. If the Home Area Board does not have an U20 league, then clubs are eligible to enter.
    4. Team lists must be submitted to Basketball Ireland prior to the commencement of the competition.
    5. Players playing under a link agreement with a club in the current season are not permitted to play with the linked club.
    6. As per FIBA age limits, a player in the U-20 Cup must be under the age of 20 on or after the 1st of January of the current season.
    7. The burden of proof as regards a player’s age will be on the club and player if queried and the player may be asked to produce their birth certificate/passport to the NABC if required to confirm compliance.
    8. Players leaving the jurisdiction of Basketball Ireland to play basketball with a school, college, university, academy or club may not return to play in the U20 National Cup Competition in the current season without prior consent from the NABC.
    9. The closing date for the entry of club teams shall be decided by the NABC and notified to clubs on the Basketball Ireland (BI) website. There shall be no extension to the closing date, and no late entries shall be accepted into the competition.
    10. The entry fee and bond for the competition shall be set by the NABC annually.
    11. The entry application for the competition shall be posted on Basketball Ireland’s website and emailed to clubs.
    12. The entry fee and bond due for the competition will be included on the Entry Application Form.
    13. The competition entry application must be completed in full, and the entry fee and bond submitted with the application by the closing date for receipt completed applications before any club/team shall be permitted entry into the competition.
    14. Teams withdrawing from the competition prior to the draw being made will be subject to loss of their entry fee. Subsequent entry into this competition will be at the discretion of the NABC.

## DRAW & FORMAT:

* + 1. The draw for the Under 20 Cup will be made at a meeting of the NABC as soon as possible after the closing date for entry into the competition.
    2. The format for the U.20 Cup is on a Home/Away basis. (First named team drawn shall have home advantage).
    3. When a club withdraws a team after the draw has been made or after the issue of fixtures for the competition, the club shall be subject to the loss of their entry fee and bond and may be subject to additional fines placed on the club at the discretion of the NABC.
    4. Should a club withdraw their team after the commencement of the competition they shall forfeit their bond and shall be subject to a fine imposed on the club by the NABC and their subsequent entry into the competition will be at the discretion of the NABC.

## GAMES:

* + 1. The Under 20 cup games will be organised so that they are played on/by the designated date. The home team must offer Two (2) alternate dates to their opponent. If both teams agree to play a game between Monday to Friday, the tip off time of the game should be scheduled between 7pm and 8.30pm. Saturday games tip off times may be scheduled between 1pm and 7.30pm, Sunday games tip off times may be scheduled between 1pm and 3.30pm. Bank Holidays should be treated as Sundays for fixture purposes
    2. Teams must be in the gym at least 30 minutes prior to the game time and the court must be available to the AWAY team for warm-up.
    3. It is responsibility of the home club for ensuring that the venue meets Basketball Ireland standards and may be inspected by a nominee of the NABC prior to the event.
    4. It is the responsibility of the home club to nominate a venue officer, provide match balls, individual and team markers, a visible score board, visible clock and digital scoresheet (NBN23). The club shall also be responsible for PR procedures as designated by the NABC and Basketball Ireland.
    5. Adequate insurance cover as specified in Basketball Ireland Regulations must be in place for all Under 20 Cup games and a copy of the clubs Insurance Certificate must be lodged with the BI office.
    6. All games will be 10 minutes per quarter with extra time periods of five (5) minutes.
    7. Only the player’s names that have been submitted under Rule 3.2.4 above prior to the commencement of the competition shall be entitled to participate in any game.
    8. All teams shall be entitled to play 12 players in every cup game.
    9. All teams must be properly attired with matching uniforms and be properly numbered.
    10. Any club found to have played an ineligible player will be removed from the competition and shall forfeit their entry fee and bond, and further sanction may be imposed on the club by the NABC.
    11. A team that gives a walkover in the competition shall be eliminated from the competition and shall take no further part in the competition. The club shall forfeit their entry fee and bond, and further sanction may be imposed on the club by the NABC.
    12. The NABC will endeavour to pre-organise the team colours but in the event of a conflict of colour, the designated HOME team must be prepared to change and have a second set of gear.

## SEMI FINALS:

* + 1. The U20 National Cup Semi-Final games will play on the designated January Semi-Final’s weekend at a venue to be confirmed.
    2. All Semi Final games will be 10 minutes per quarter with extra time periods of five (5) minutes.

## FINAL:

* + 1. The final of the U20 Cup will be played at the National Basketball Arena on the designated Cup Final’s Weekend.
    2. All Final games will be 10 minutes per quarter with extra time periods of five (5) minutes.

## REFEREES

* + 1. The NBRA will appoint Referees to all U20 Cup games. Home teams will pay officials in all rounds up to and including Quarter Finals.
    2. Table officials are the responsibility of the home team.
    3. The NBRA will appoint officials for the semi-finals and Finals. BIHQ will pay officials for these games.

## PROTEST AND APPEALS:

* + 1. The captain shall, immediately at the end of the game, inform the referee if its team is protesting the result of the game and sign the score sheet in the space provided.
    2. Protests against the result of a game must be sent by email to [NABC@ireland.basketball](mailto:NABC@ireland.basketball) within 72 hours on the date of the game. A fee of €100 must be lodged to the relevant BI account. This fee shall be returned in the case of a successful protest. A copy of the protest must be sent to the opposing team in the same time frame.
    3. The NABC shall put a hearing committee in place to hear any protest lodged with the BI Competitions Officer.
    4. Appeals against the decision of the hearing committee to the National Appeals Committee must be submitted to the Appeals Secretary of BI by email within 48hrs of receipt of the finding. A fee of €300.00 must be sent at the same time to BIHQ. This fee will be returned to the appellant in the case where the appeal is successful.
    5. Basketball Ireland and the NABC shall deal with all protests and appeals within a timescale that will allow for a decision to be made before the team in question will have to play its next game.

## DISCIPLINARY PROCEDURES

* + 1. When a player or a member of coaching staff is disqualified from a game he/she will automatically receive 10 penalty points for their first offence, a further 10 points will be received for a second disqualification. Where a player or member of the coaching staff receives a total 20 points in the competition they will be disqualified and shall take no further part in the competition.
    2. Where a player, Coach, Club Official as a result of a complaint lodged with the competition technical committee is found to have done anything which is likely to intimidate, offend, insult or humiliate any person on the grounds of his or her race, gender, sex, ethnic or social origin , religion or political persuasion, or having been aggressive, unsporting, or having struck a player or match official, he/she shall be suspended from having any further participation in the competition by the technical committee and further action/sanction may be taken by the NABC.
    3. Full report of all suspensions and disqualifications in the competitions must be lodged with the secretary of the NABC by the chairman of the technical committee within seven days of the completion of the Tournament.

## GENERAL

* + 1. The NABC reserves the right to make amendments to the above rules and to the fixtures/competitions up to 1 week prior to the event.

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Approved NABC 1st September 2025

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